



CPET

(CARDIOPULMONARY EXERCISE TEST)

Informed Consent Form

Informed Consent for CPET

CPET involves exercising on a bike against increasing resistance to measure your fitness and exercise ability. It allows the doctor to collect information about the heart, lungs and neuro muscular apparatus and understand if your body's response to exercise is normal or abnormal.

Side effects of CPET are rare and can include, but are not limited to:

- Fatigue
- Shortness of breath
- Cardiac arrhythmias
- Anginal chest pain
- Bronchospasm

Understanding these risks, the patient gives authority for Bayside Specialist Group and Flinders Specialist Centre to administer all necessary first aid. This includes alerting an ambulance and emergency contact in the unlikely event that an adverse reaction occurs and any associated costs are at the patient's expense. The patient confirms the fees have been explained to them in detail including any applicable Medicare rebates and out of pocket expenses and have been understood by them.

Before your procedure please advise the doctor if any of the following is applicable:

- Musculoskeletal condition that may prevent you from pedalling on the bike
- Have had a recent heart attack
- Have an acute medical illness or poorly controlled medical condition
- Have severely low oxygen levels
- Have severely high blood pressure
- Have uncontrolled heart rhythm or heart rate problems

PATIENT CONSENT:

I, the named patient, have read the above information and am aware of the risks and benefits of the planned procedure. I have been provided with the opportunity to have any questions answered and I therefore give my consent for the procedure:

Patient Full Name: _____ DOB: _____

Patient Next of Kin (NOK): _____ NOK Tel: _____

Patient Signature: _____ Date of procedure: _____

I, Dr Sam Kaldas have outlined with the named patient the process, risks and likely outcome of the planned procedure:

Dr. Sam Kaldas Signature: _____